



Quality Quarantine Process Book

Web Design II
Caitlin Dawley

Table Of Contents

Inspiration Pages (4-13)

Website Layout Inspiration (6-7)

Media Image Inspiration (8-13)

Research Pages (14-21)

Type Studies (16)

Color Studies (17)

Text Information (18-19)

Personas and Empathy Maps (20-21)

Design Pages (22-37)

Moodboard (24)

Information Architecture (25)

Wireframes (26-30)

User Flow (31)

Comps (32-37)

Final Content (38-51)

Project Goal

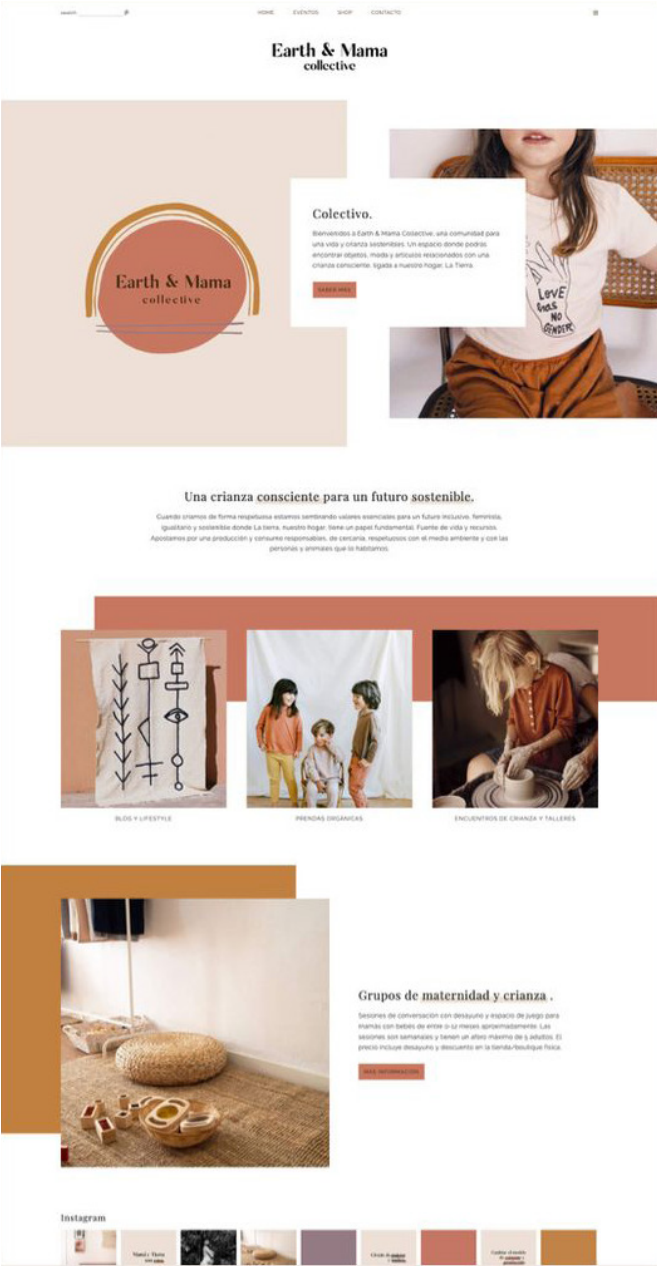
For this project, I worked to create a covid centered website. I decided that I wanted to do a blog style site that gives activity ideas that can be done in quarantine. I chose this site idea because when quarantine began I created a list of activities that I wanted to try/ accomplish. Being stuck at home gives people the perfect opportunity to try new things and better themselves. My goal with the website was to give people ideas and tools to find those new activities.

Inspiration

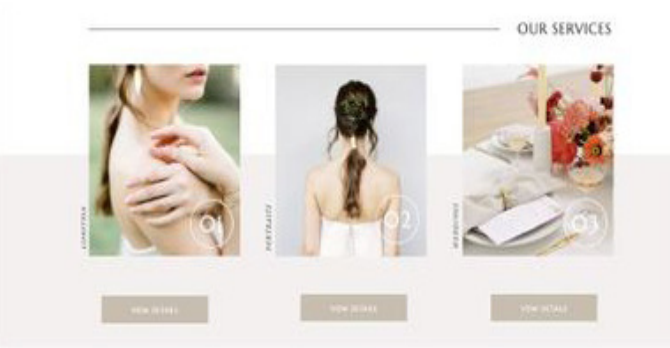
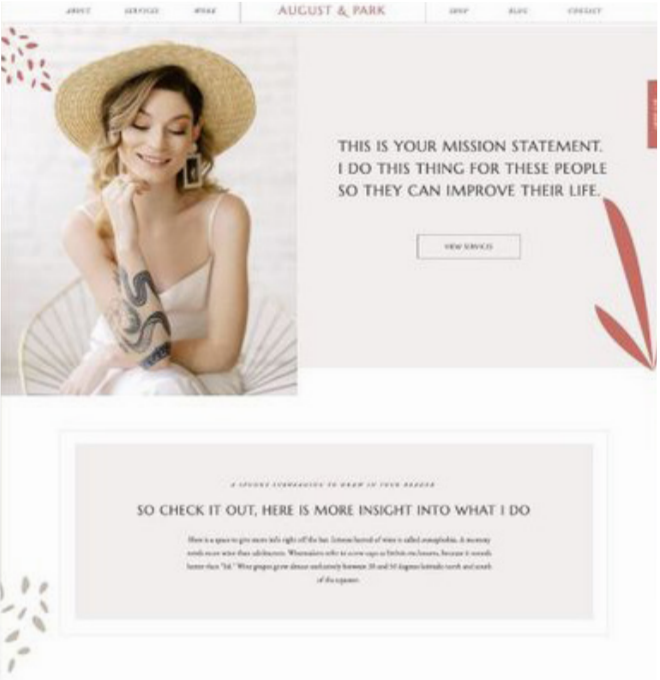
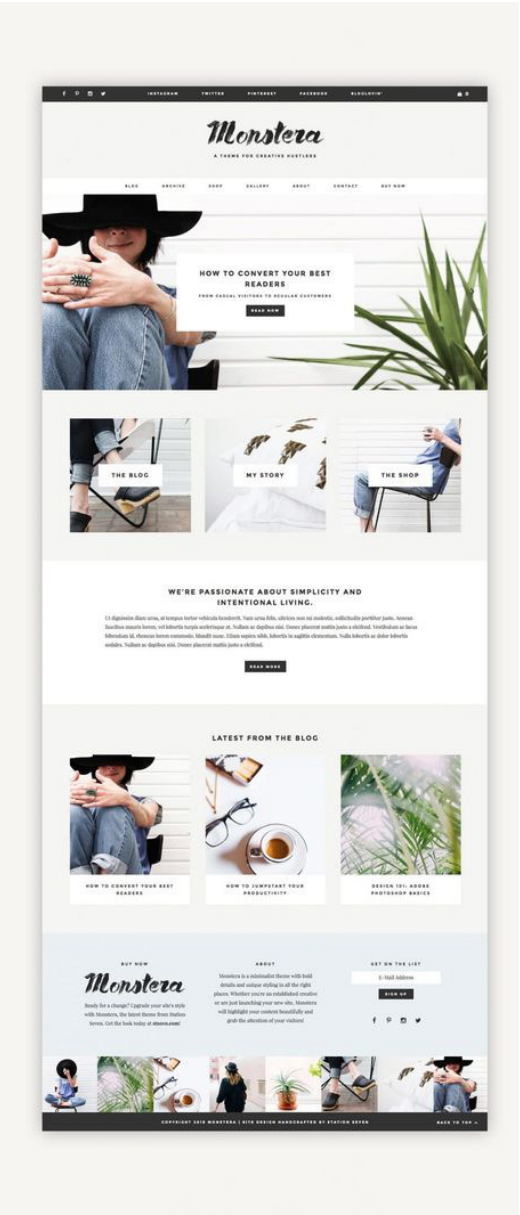
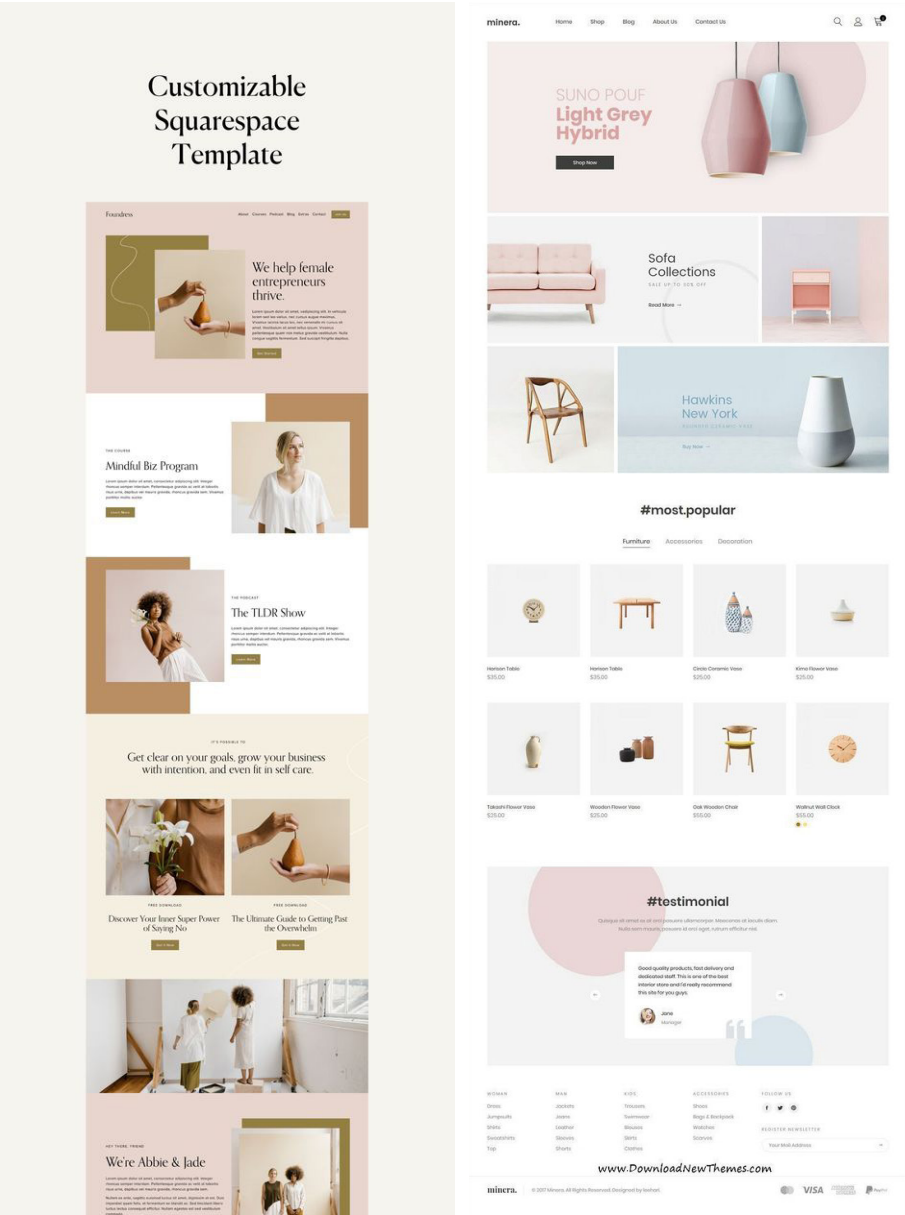
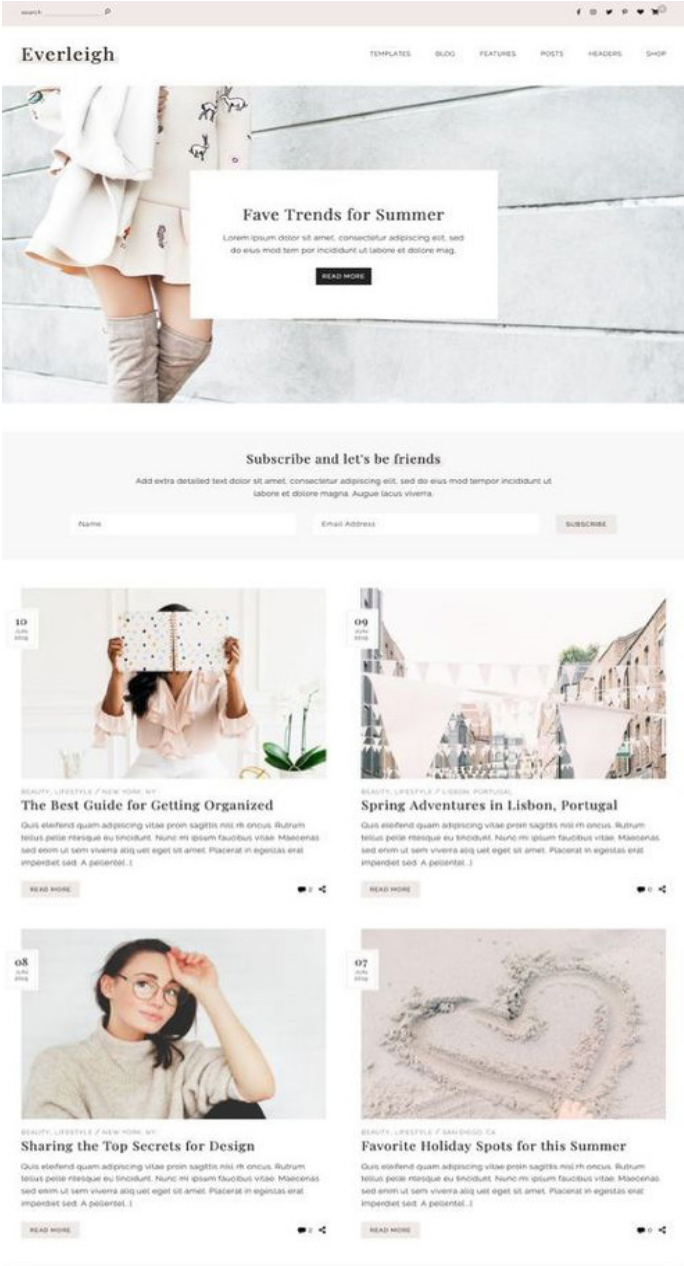
There were not a lot of existing sites that had the same design vibe that I was looking for. Many event idea blogs were aimed towards children and as a result they used bright colors and odd fonts. Instead I used pinterest and xd templates to get inspired for a more refined design. I also used google images and interest to find images that matched my intended theme.



Website Inspiration



I could not find any actual websites of inspiration that matched my theme. Most of the “idea sites” were aimed towards children. As a result, they were big bright and flashy. I much prefer simplistic designs and wanted a more elegant layout for my website. Instead I went to pinterest and found layout that matched my idea and concept for the site.



Media Inspiration

(Bullet Journal)



Example of bullet journaling along with images of the youtube linked tutorials.



Media Inspiration

(Photoshoot)



Newspaper Photoshoot



Projector Photoshoot

Media Inspiration

(Photoshoot)



Mirror Photoshoot

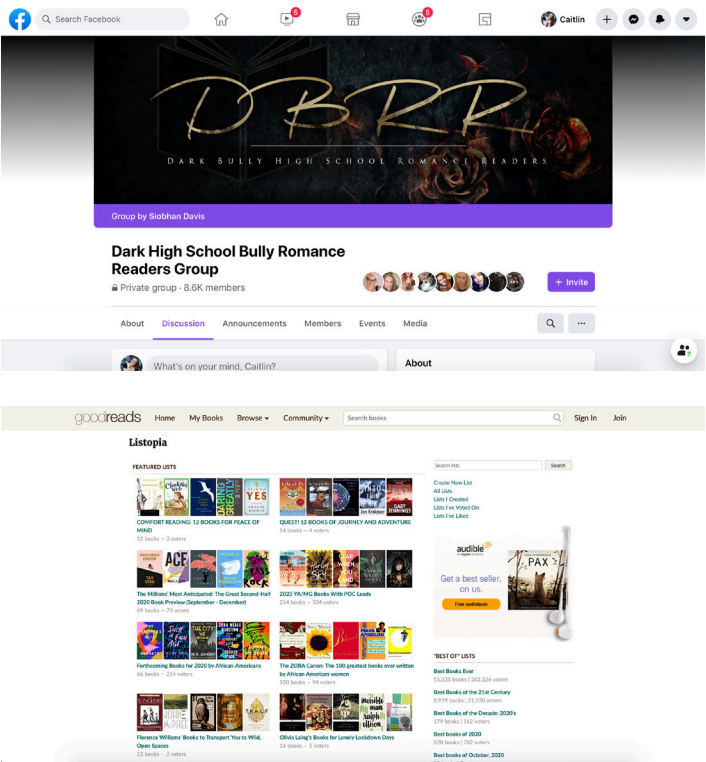


Holi Powder Photoshoot



Media Inspiration

(Book Finding)



Images of Facebook groups and Goodreads reading lists



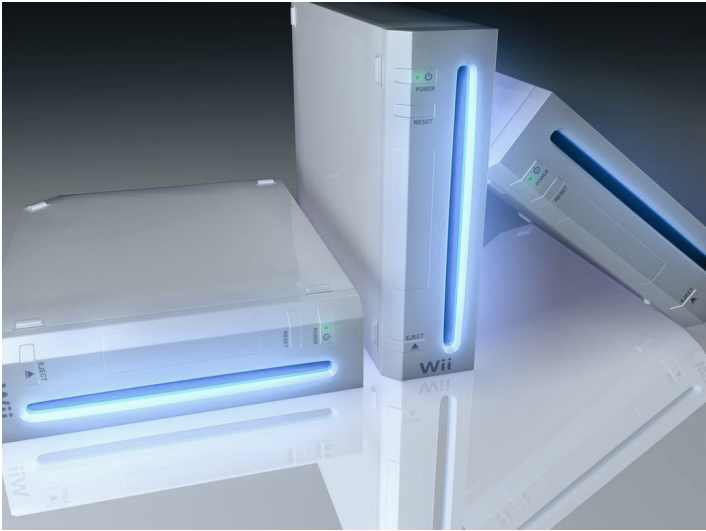
Media Inspiration
(Languages)



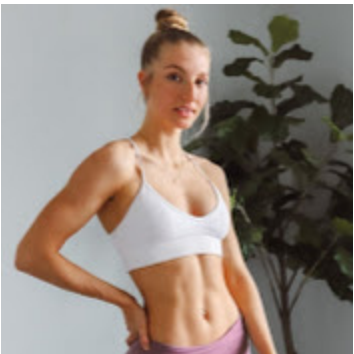
(wii games)



Covers of language apps and wii games to show examples of exercise games.



Media Inspiration
(Yoga)



Yoga images as well as the channels of three yoga youtubers.





Research

Before designing I did research about my audience and design. I created type and color studies to explore different options. Additionally I types out my written content so I would not have to research later on. Additionally I did research about my target audience. I sent out a survey to find out information about my target audience and their website interactions.

Type Studies

Body

If you have some old newspapers around the house, you have everything you need to make a set. Find an empty wall in your home, and cover the wall and floor with the newspaper.

Avenir / Book / 12

If you have some old newspapers around the house, you have everything you need to make a set. Find an empty wall in your home, and cover the wall and floor with the newspaper.

Baskerville / Regular / 12

If you have some old newspapers around the house, you have everything you need to make a set. Find an empty wall in your home, and cover the wall and floor with the newspaper.

Gill Sans / Regular / 13

If you have some old newspapers around the house, you have everything you need to make a set. Find an empty wall in your home, and cover the wall and floor with the newspaper.

Futura / Medium / 13

If you have some old newspapers around the house, you have everything you need to make a set. Find an empty wall in your home, and cover the wall and floor with the newspaper.

Playfair Display / Regular / 12

Title

Bullet Journaling
BULLET JOURNALING

Avenir / Black / 23

Bullet Journaling
BULLET JOURNALING

Baskerville / Bold / 23

Bullet Journaling
BULLET JOURNALING

Gill Sans / SemiBold / 23

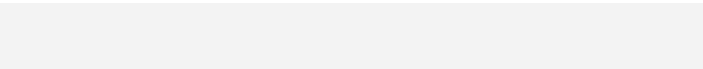
Bullet Journaling
BULLET JOURNALING

Futura / Bold / 24

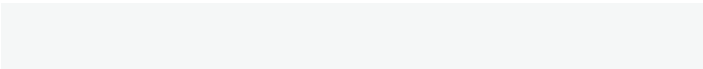
Bullet Journaling
BULLET JOURNALING

Playfrair Display / Regular / 24

Color Studies



RGB #f2f0f0



RGB #f4f4f4



RGB #c19278



RGB #a57f63



RGB #bf844d



RGB #3d2213



RGB #562e1e



RGB #8b7a4c



RGB #bd7768



RGB #00769d



RGB #bd7768



RGB #d8c261



RGB #d8cac9



RGB #dbd4c9



RGB #8a8a8a



RGB #be6d5d



RGB #52555b



RGB #daedf2

Text Information

Creative Webpage:

BULLET JOURNALING:

A bullet journal is equal parts day planner, diary, and written meditation. It is easily adapted by every person that creates it. Personally, I've used it as both a yearly look-back and a monthly planner. I started the journal with pages that will contain a list of all the books, movies, and tv-shows I experienced this year. Then every month gets its own theme with a mood tracker and weekly planners. It's all about what you want to do with it and how artistic you want to get; pages can be simple or filled with extravagant colors and designs. It's a great way to explore your creativity and stay organized.

Supplies:

- Zebra Pen Mildliner Highlighters
- Sharpies
- Crayola Washable Markers
- Tombow Fudenosuke Brush Pens
- Washi Masking Tape
- Bullet Dotted Journal (need thick paper)

PHOTOSHOOT:

There is no better time to take self portraits than no. There are so many interesting ways to take creative photos at home. All you need is a camera and some creativity (though a tripod helps too). My favorite camera to use for portraits is the canon rebel, but an iphone or any other camera does the job.

Ideas:

Newspaper Photoshoot: If you have some old newspapers around the house, you have everything you need to make a set. Find an empty wall in your home, and cover the wall and floor with the newspaper.

Holi Powder Photoshoot: There is nothing more fun and colorful than a holi powder photoshoot. You make the holi powder the night before and then just have fun the next day.

- 1 cup flour
- 1/2 cup water (give or take)
- Food coloring

How to Make Holi Powder

1. Mix the flour and water in a large bowl until it forms a thick paste.
2. Add your favorite food coloring to the paste and mix it in with your hands. (You may want to wear gloves!)
3. Scoop the paste from the bowl and form it into a ball with your hands.
4. Use a rolling pin to flatten the ball into a disc that is about 1/4 inch thick.
5. Let the disc sit overnight until it is completely dried.
6. Use a coffee grinder to crumble the disc back into powder.

Mirror Photoshoot: A big Tik Tok trend this month was to take self portraits using a mirror. This is a great technique to get cute and artistic photos all on your own. They can be taken outside on nice days or inside if you have enough light

Projector Photoshoot: If you have a projector laying around, this is a great idea to have some interesting photographs. You just need to find interesting textured images and overlays and they will create a cool design when you stand in front of the projector. A little pro tip, make sure to angle the projector down so it isn't in your eyes because projectors are bright.

Intellectual Webpages:

LEARN ANOTHER LANGUAGE:

It can be hard to motivate yourself to learn while having free time. There are a lot of tools that make learning another language a fun and enjoyable experience.

- Duolingo

This is an app that many young teens have at least heard of. It isn't as advanced as other online programs but it is a great starting point. It offers some vocabulary and game-like learning techniques. This program is free, and offers a cheap premium subscription option as well.

- Rosetta Stone

Rosetta Stone has a speech recognition tool that compares your speech and native speakers' with a word or longer sentences, so you can correct your pronunciation or accent from the beginning. It is not the end of the learning of any language, it is just a starting point. This learning tool costs around 12 dollars.

- Pimsleur

Pimsleur has a lot of listening, repeating, and practicing conversations with pre recorded clips, which helps people learn in a conversational context. This is a paid program that costs around 20 dollars a month.

READ SOME BOOKS:

You've probably heard it all before, but reading is an especially great activity during this pandemic. New TV shows and movies are somewhat scarce due to filming being dependent on health status. Books in comparison will continue to be published. Is there a book you always wanted to read but never had time? Now is your chance. If you are a somewhat active reader the hardest step can be finding new books to interest you. Below are some ways to find books that will interest you.

- Join facebook reading groups:

If there is an author that you like, there is a good chance that they have a reading group on facebook (either run by the author themselves or other readers). Joining these are great because people constantly post book recommendations. There is a good chance that you can find other books that remind you of your favorites.

- Using goodreads list:

Many readers use goodreads as ways to list their favorite books. Going through long goodreads lists can show books of similar topics. For example there are lists of categories like: young adult, teen fiction, enemies to love, and more.

*If you are a big reader, I definitely recommend getting kindle unlimited. For 10 dollars a month you get access to millions of books. You can keep up to 10 KU titles in your library at once. It is a great investment if you are comfortable reading ebooks and want to save money.

Self-Care Webpages:

PRACTICE YOGA:

It can be hard to workout when you don't have access to a gym or expensive equipment. Yoga is a great way to exercise and stretch, and all you need is a yoga mat and a guide! This is especially important because it can help you relax and take-care of your body during this pandemic. Taking classes or working virtually is stressful, so it is important to find times to take care of yourself.

Yoga Videos To Follow:

Yoga with Adriene

Edyn Loves Life

Madfit

Apps:

Down Dog (\$8 per month)

Peloton Digital (\$13 per month; free for 90 days)

Glo (\$18 per month)

PLAY ACTIVE WII GAMES:

Exercise isn't always a fun activity, but who doesn't love playing wii games. Of course, not every wii game is physical (as much as I love Mario Kart, it isn't exactly exercise).

Wii fit is a great game for exercise. There are plenty of options that can keep you active from jogging to hula hooping to yoga.

Dance Dance Revolution is also a great game for getting active. It is fun to play either by yourself or with friends. There are so many variations of the game that you are sure to find one that has your music taste. My personal favorite is the disney addition from 2008.

Personas and Empathy Maps

Jamie Holmes

- Job/ Major Responsibilities:
- Student (19)
- Works at School Bookstore
- Demographics:
- From Burlington, VT
- Goes to school in Hamden, CT
 - His dad is an entrepreneur and his mother is in marketing
 - He is majoring in History
 - He is somewhat concerned about covid-guideline (he follows most of the rules and doesn't go to parties, but when at school he hangs out with his friends w/o masks)
- Goals:
- Wants to find something to do when he's home on break (cause his parents don't let him see his friends and most of his hobbies are social)
- Tasks:
- Goes to school, spends time with his family, hangs out with his friends and and takes care of his health and mental state as much as he can.
- Environment:
- Proficient in web technology and social media. An advent watcher of hack instagram videos. He has a family that is very cautious about covid guidelines because his mother is high risk.
- Quote:
- "I don't wanna leave school. I was already home for 6 weeks.



Jessi Adams

- Job/ Major Responsibilities:
- Grad Student (22)
 - Works as a residential assistant
- Demographics:
- From Tampa, Florida
 - Goes to the University of Tampa, FL
 - She is getting her MBA and is very busy
 - She isn't concerned about COVID guidelines but she has to follow the regulations and encourage others because she is an RA
- Goals:
- Needs to help find covid friendly activities for a lonely resident who is bored on campus. Wants the information to be easy to understand and shareable.
- Tasks:
- Does homework every day, works duty shifts three nights a week, likes to skim webpages and get information quickly.
- Environment:
- Likes to read blogs to gain information
 - A grad student, and so needs to gain information quickly
- Quote:
- "Ugh, I'm so stressed. MBA classes are kicking my ass right now and I have to go to work."

Says:

- "I need enough information so I can actually do the activities"
- "I want something fun to do, that isn't too much work"
- "My mom is making me stay quarantined, so I'll have to find things to do from home."

Does:

- Spends time watching youtube videos
- Takes care of himself both mentally and physically
- Spends lots of time being social

Thinks:

- A virtual learner who needs to be engaged to be interested
- Cares more about content than design
- Wants to use his time to improve himself and have fun

Feels:

- Distressed
- Bored
- Unhappy

Says:

- "I want to help her, but I need to find something quick"
- "There's too much text, I can't concentrate"
- "I need this to be sharable because I can't type out a whole essay of ideas"

Thinks:

- Likes when things are organized and pretty
- Needs easily understood information
- Wants to give resident a lot of information using one source

Does:

- Skims through websites
- Looks at pictures not videos
- Looks specifically at creative hobbies because the resident likes crafts

Feels:

- Stressed
- Overwhelmed
- Uninterested

Target Audience Survey Results

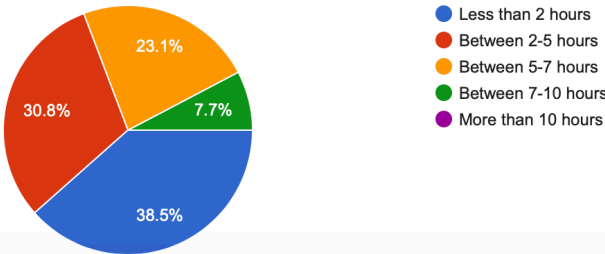
Are you between the ages of 16 and 25, living in the US during the Coronavirus Pandemic?

13 responses



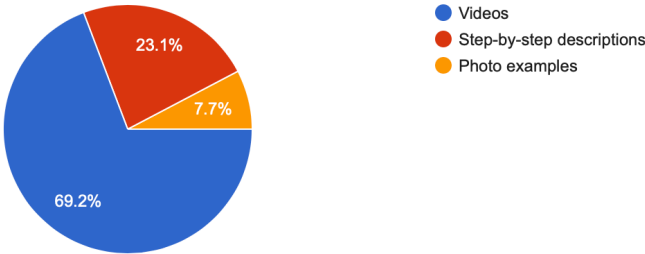
How much free time do you have in your day?

13 responses



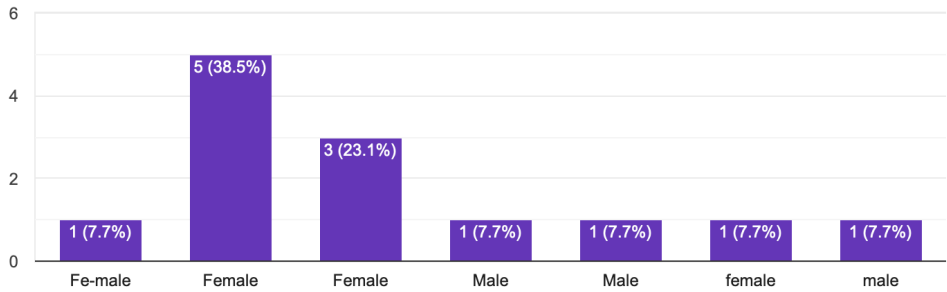
How do you prefer to get information/ tutorials?

13 responses



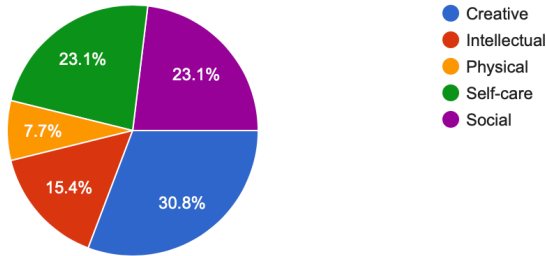
What is your gender?

13 responses



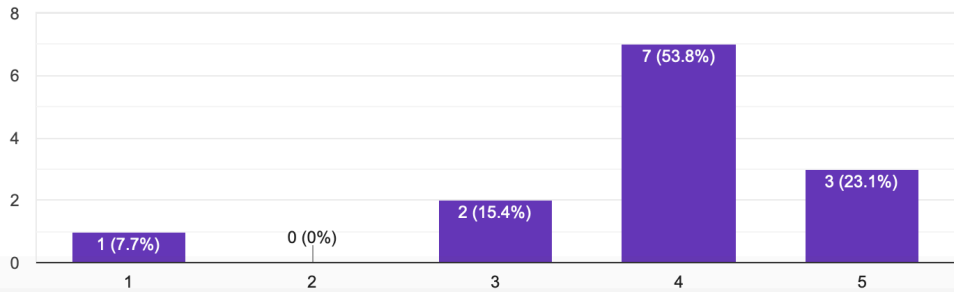
How would you describe your hobbies?

13 responses



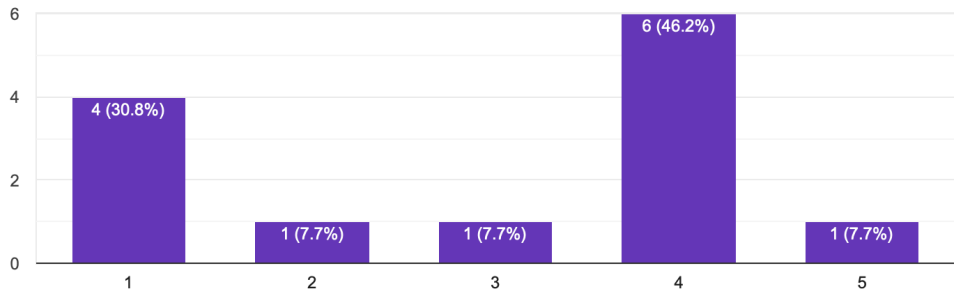
On a scale of 1-5 how bored have you been during quarantine?

13 responses



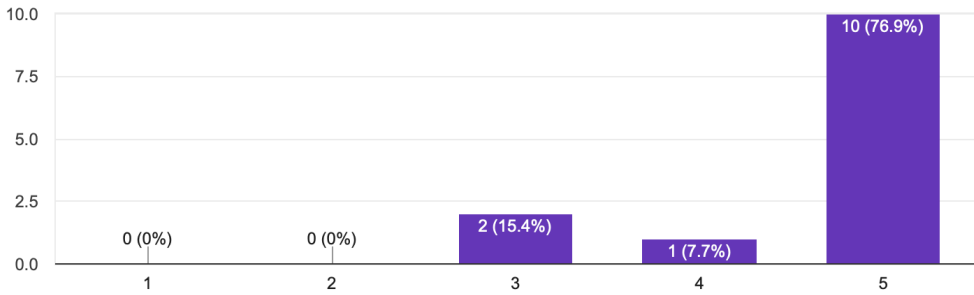
On a scale from 1-5 how likely are you to look up new activities for you to do while in Quarantine?

13 responses



On a scale from 1-5 how helpful are photos to you when new tasks are described?

13 responses



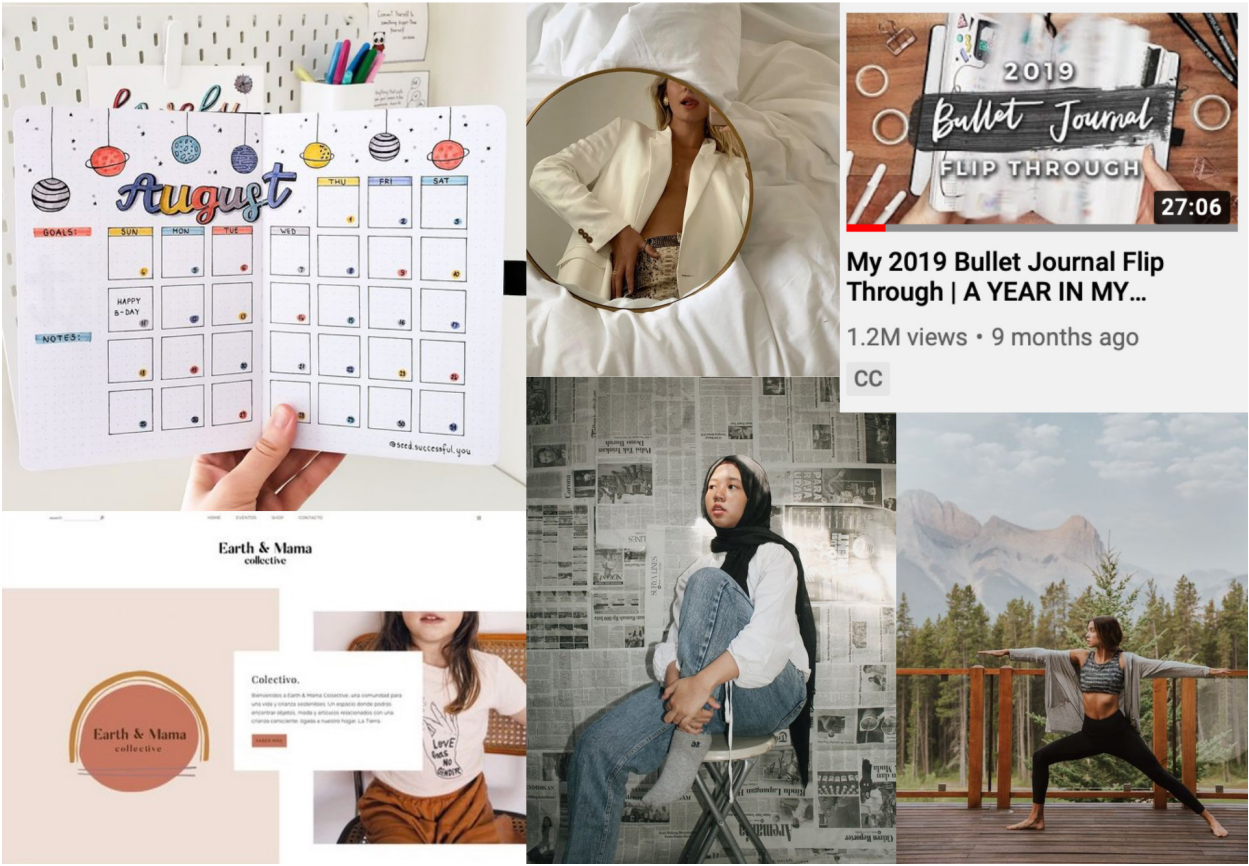
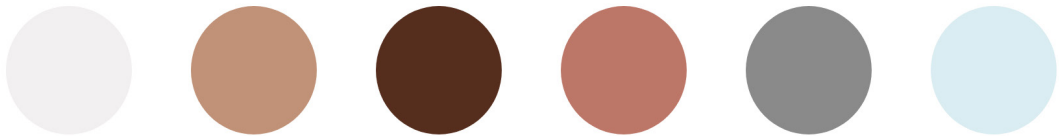
Designing

To begin designing I created a moodboard and information architecture to get a sense of what I wanted to site to consist of. I then started creating wireframes using Adobe XD. I then used those wireframes to create my first comps. The biggest trouble I ran into was that I was designing around my images and used a navigation bar that messed with my design ideas.

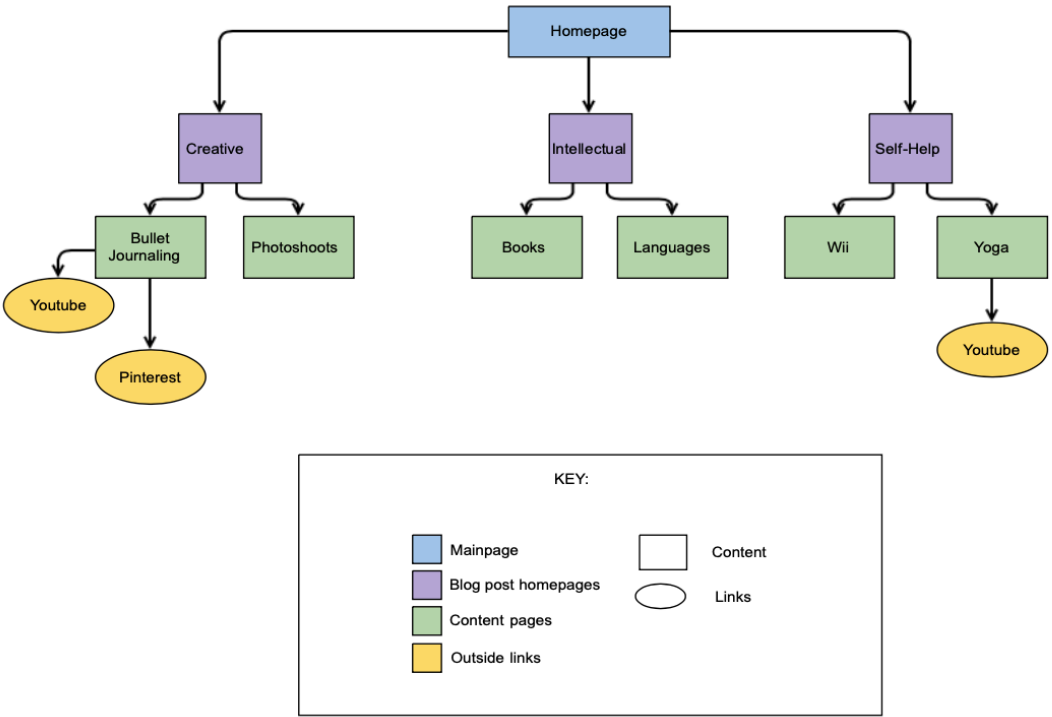


Moodboard

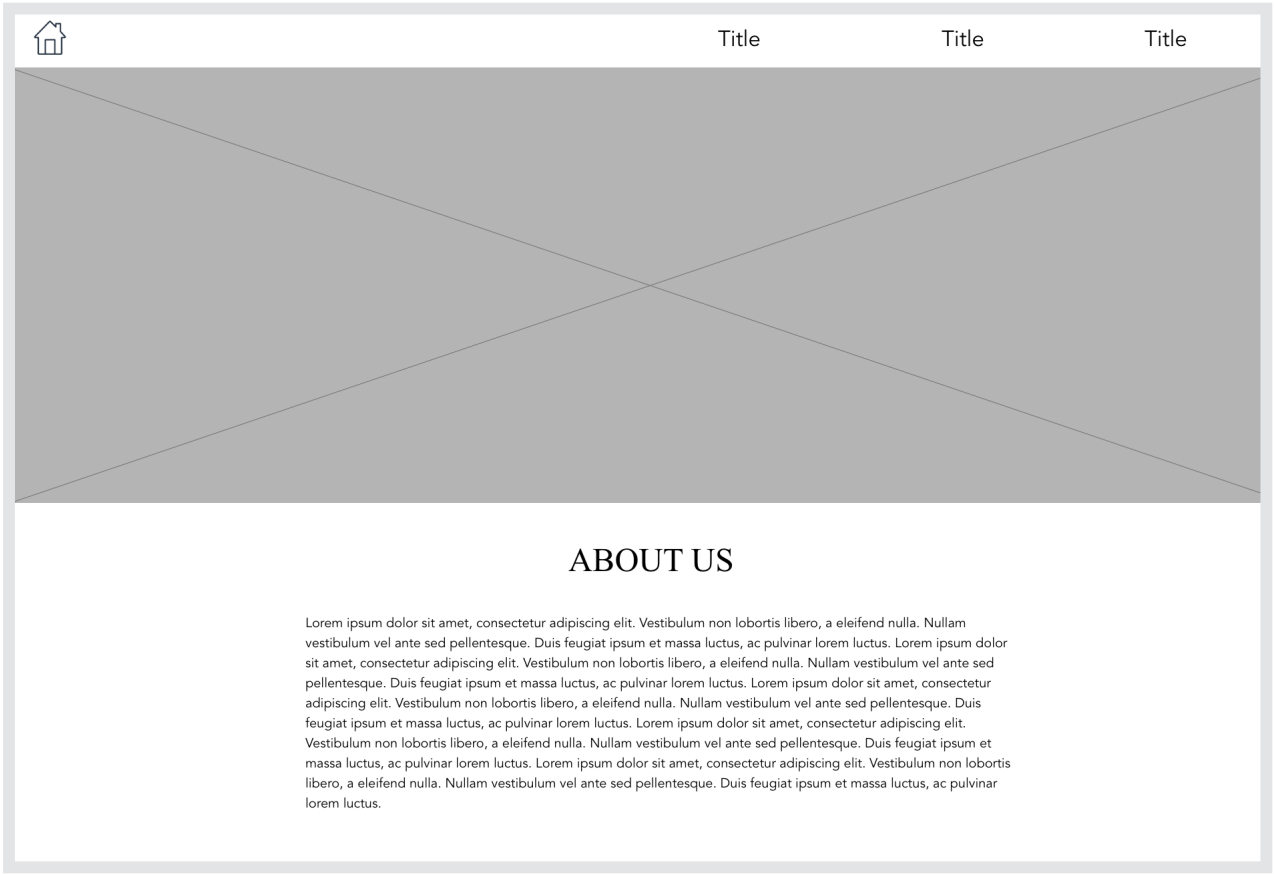
quarantine site



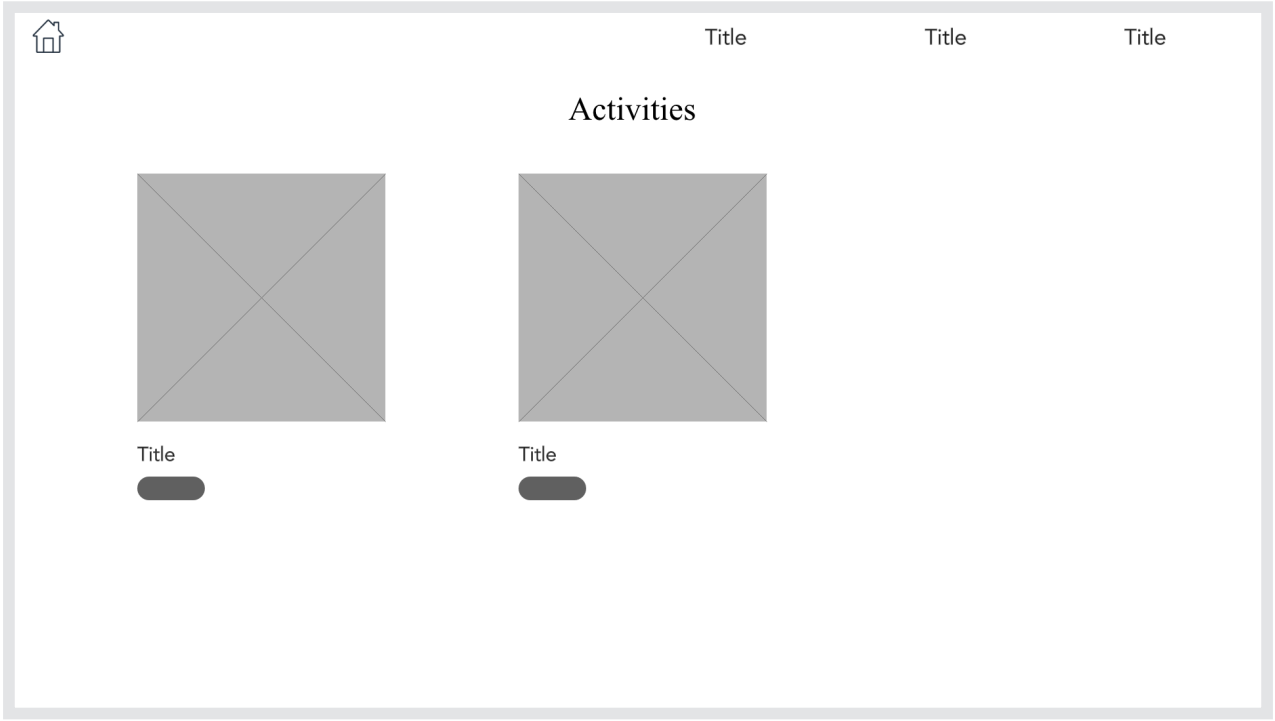
Information Architechture



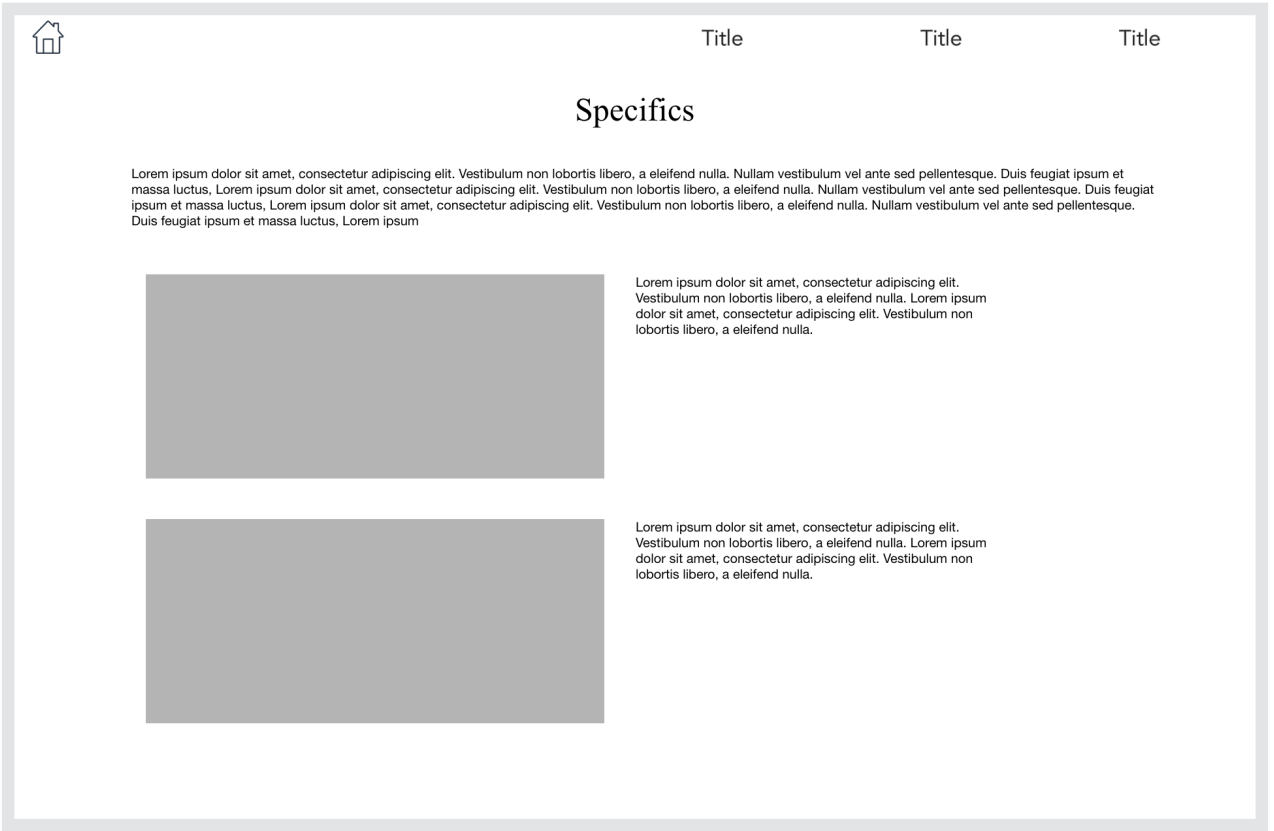
Wireframes



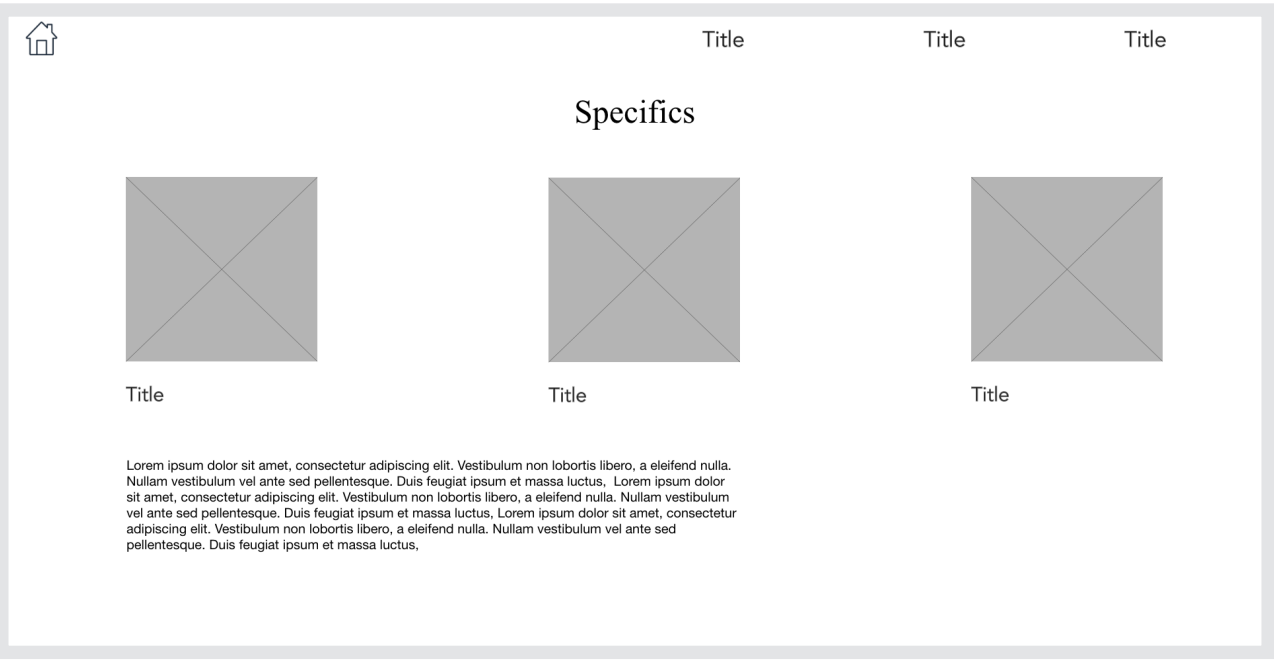
The homepage wireframe will consist of a custom image and logo that gives the user a sense of the website. As well as an about us section.



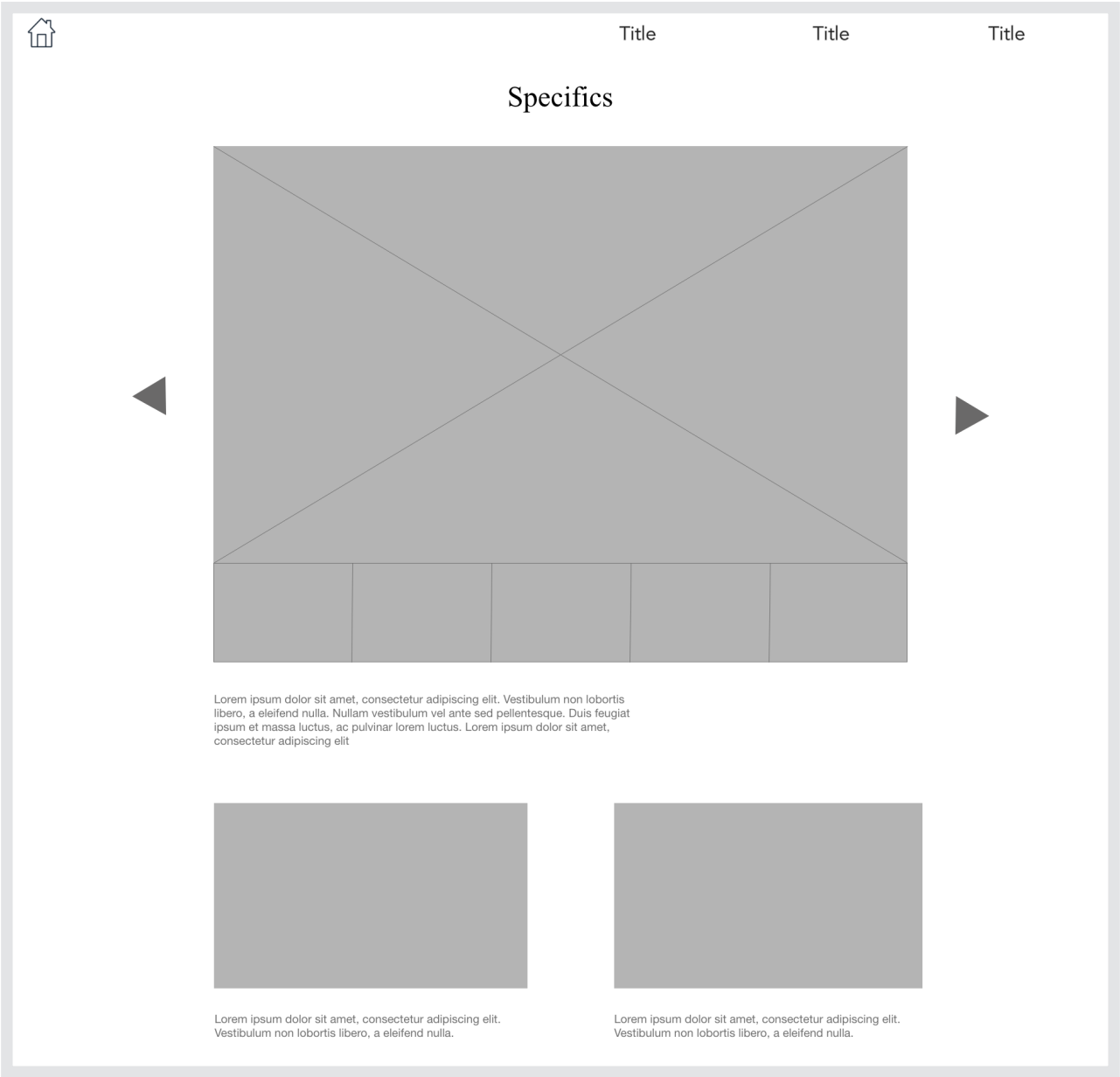
This is the homepage that all the blog homepages will follow.



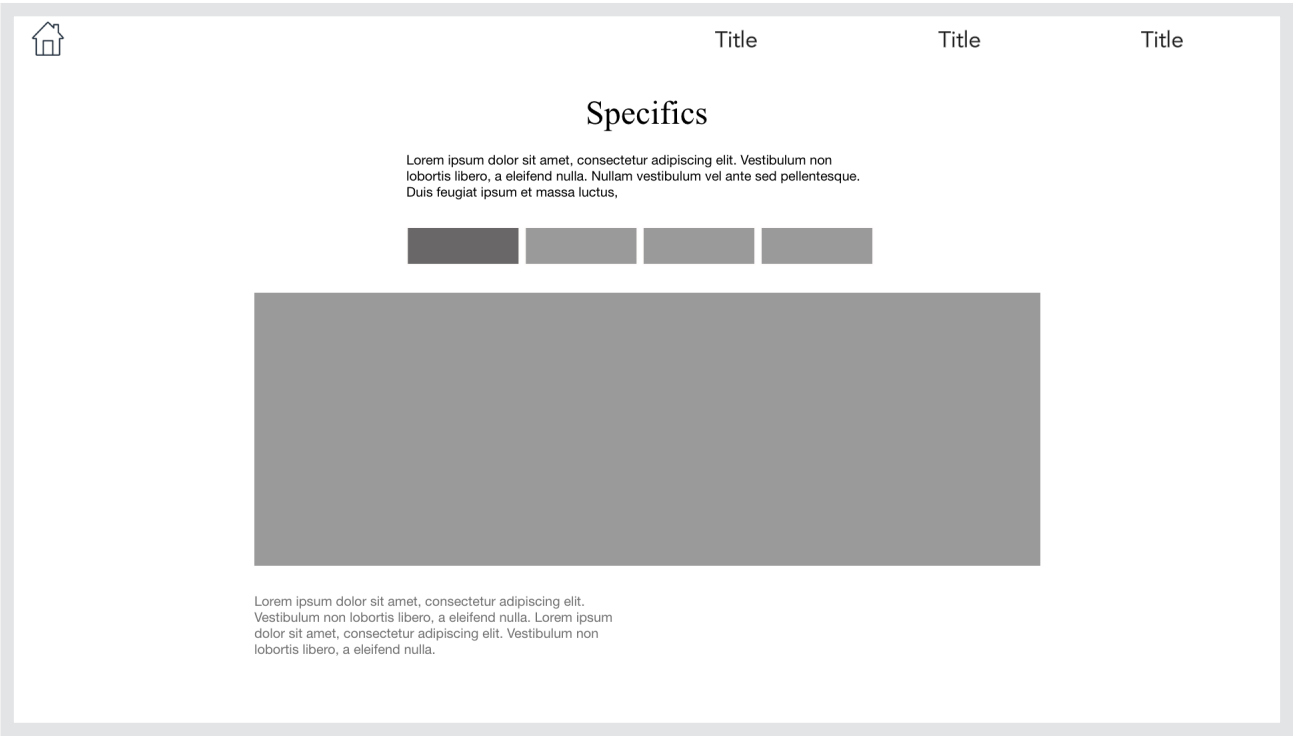
Wireframe for finding new books blog page.



Wireframe for learning a new language blog page.



This is the wireframe for the Bullet Journaling page.

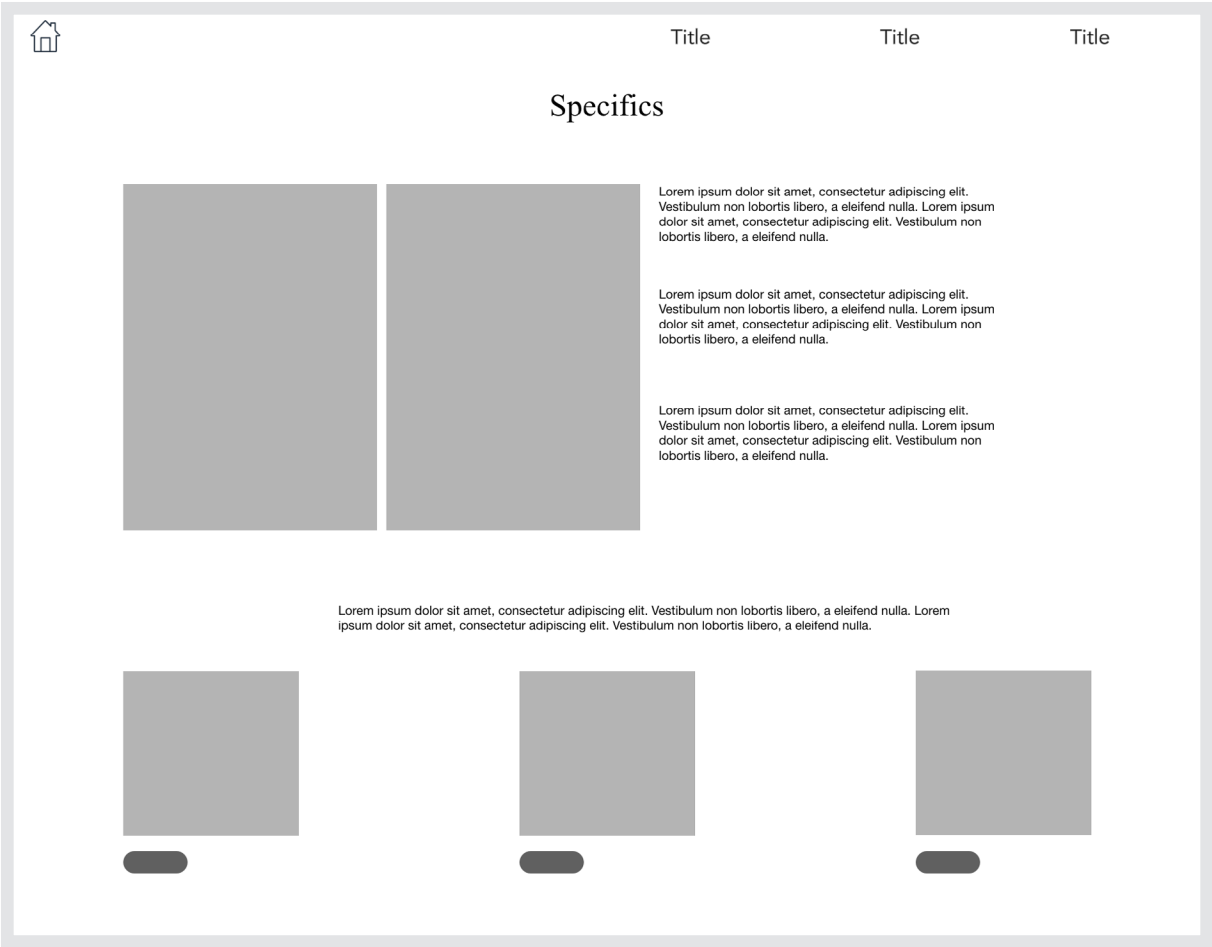


This is the wireframe for the photography page.

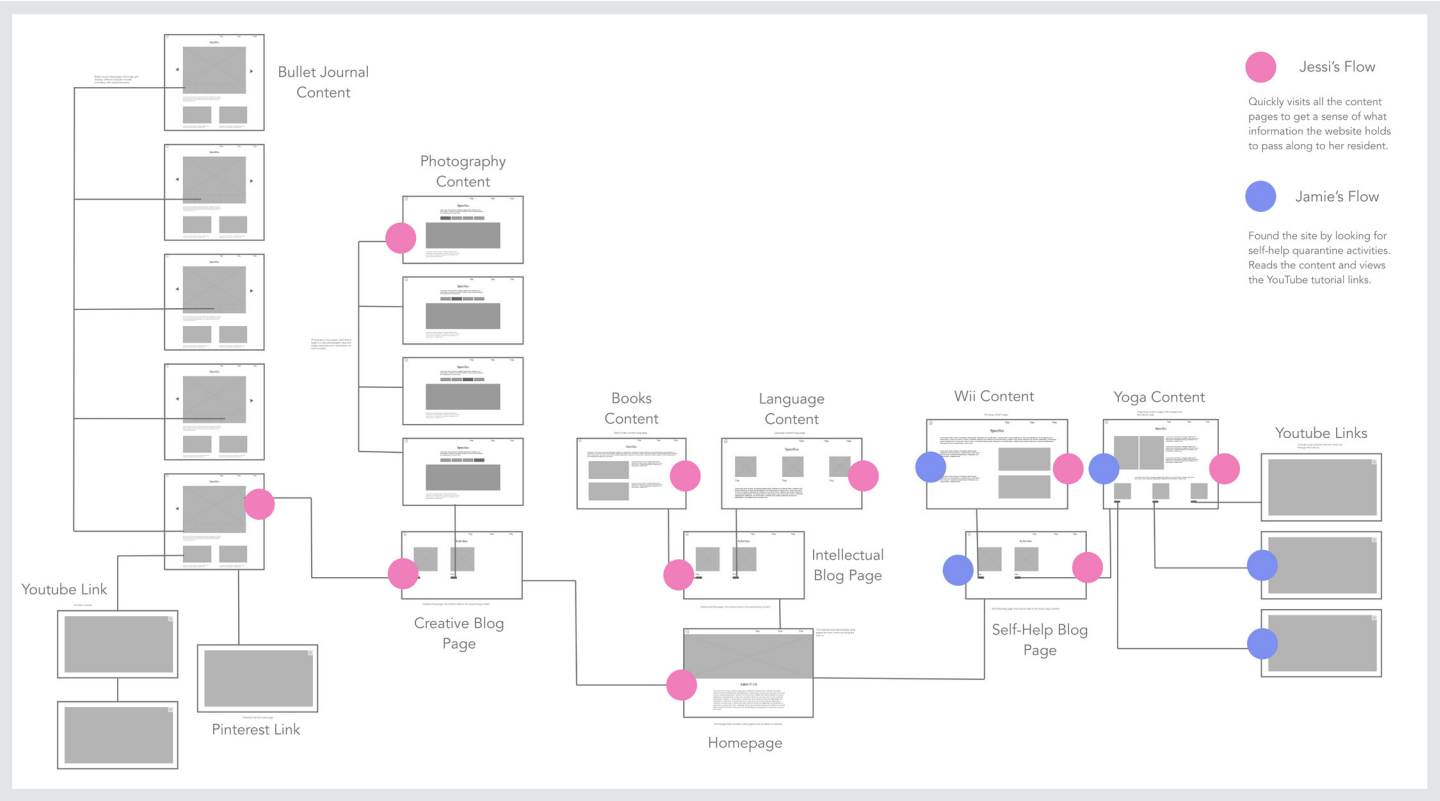


Wireframe for the outside links pop-up page.

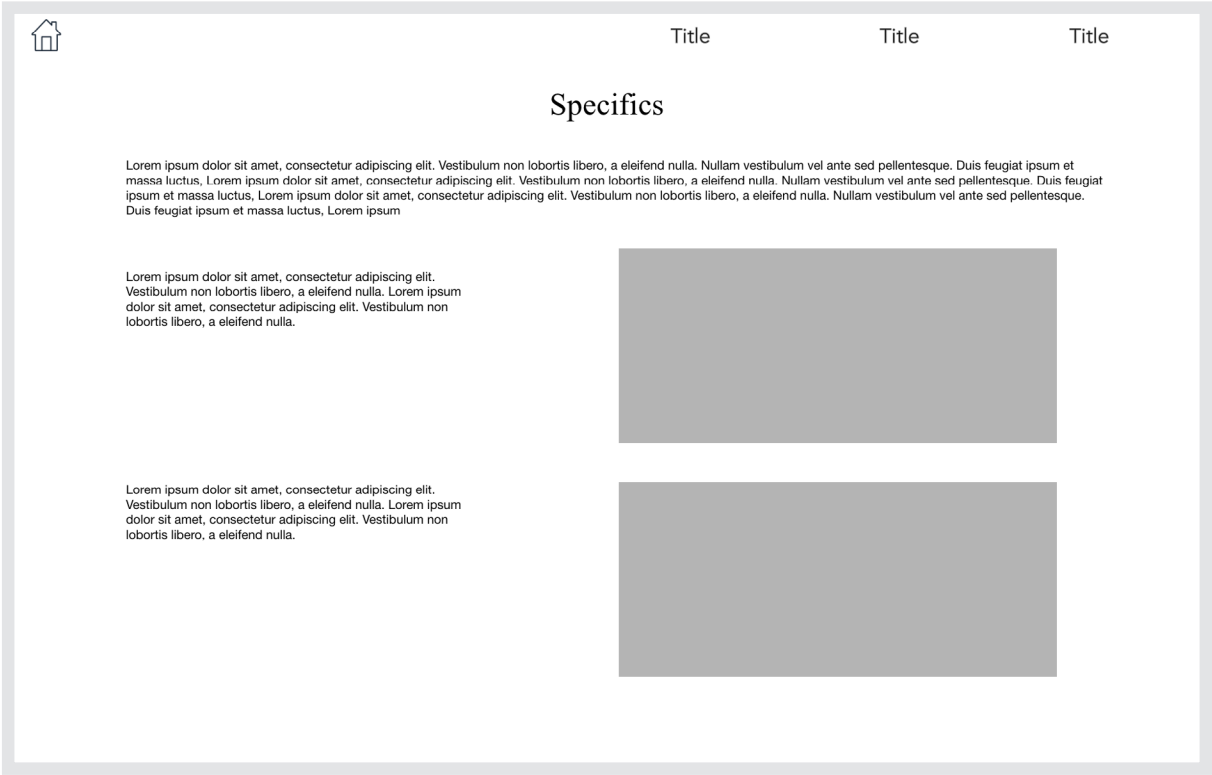
User Flow



Wireframe for yoga blog page.



For my user flow the pink represents Jessi’s user flow. She is skimming all the content pages because she is just trying to get a sense of what content is on the website. For Jamie’s flow he is reading and interacting with the self-help pages, because those are the webpages, he is interested in.



Wireframe for Wii activities blog page.

Comps

Creative Blog



Bullet Journaling

Read

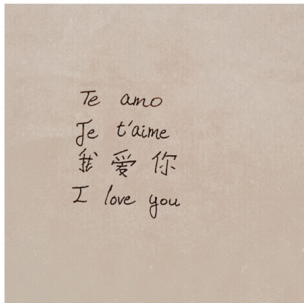


Photography

Read

For the homepage of my creative blog I chose to do a three column format because it worked best with image sizes. One of the biggest edits that I decided to make for the final comp is to add a third option so the layout worked better.

Intellectual Blog



Learning Languages

Read



Find New Books

Read

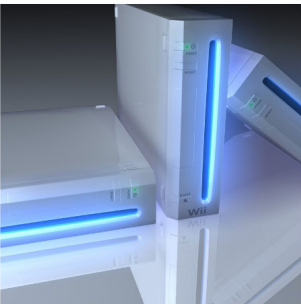
A comp of my intellectual blog page.

Self-Help Blog



Yoga

Read



Wii Exercise

Read

A comp of my self-help blog. I ended up editing the wii image to make it slightly whiter for the final comp.

Yoga



It can be hard to workout when you don't have access to a gym or expensive equipment. Yoga is a great way to exercise and stretch, and all you need is a yoga mat and a guide!

This is especially important because it can help you relax and take-care of your body during this pandemic. Taking classes or working virtually is stressful, so it is important to find times to take care of yourself.

There are a bunch of apps you can use to help guide your yoga practice. Some apps include:

- Down Dog (\$8 per month)
- Peloton Digital (\$13 per month; free for 90 days)
- Glo (\$18 per month)

Yoga Videos To Follow:

Edyn Loves Life



VIDEO

Yoga with Adriene



VIDEO

Madfit



VIDEO

Comp is for my yoga content page. I ended up changing a lot in my final comp because in this I was designing around the images.

Wii Exercise

Exercise isn't always a fun activity, but who doesn't love playing wii games. Of course, not every wii game is physical (as much as I love Mario Kart, it isn't exactly exercise). Instead you should looks for games where you are getting up and active. This is also a great way to exercise as the weather gets colder. The gym isn't always safe and afternoon walks are not the same in 20 degree weather, so a good compromise it to find fun and active activities inside. Plus any wii games that entertain you are a great idea during quarantine.

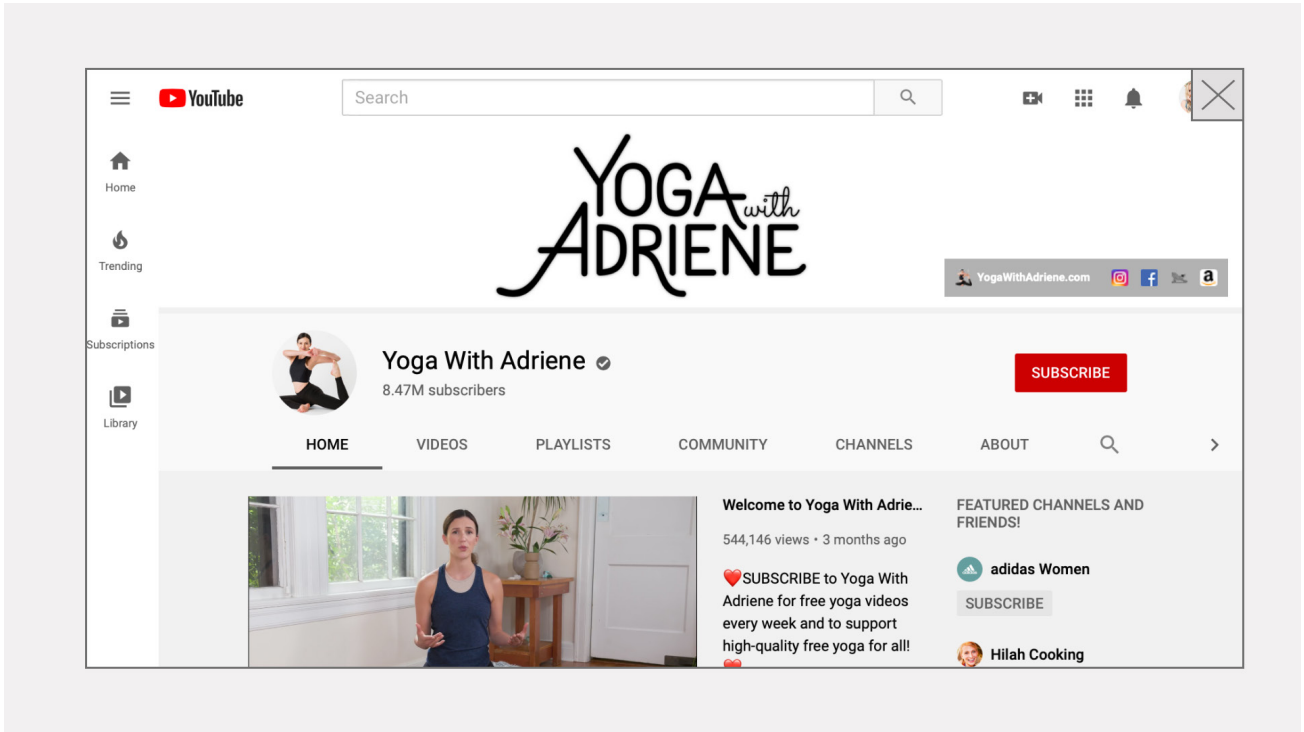
Wii fit is a great game for exercise. There are plenty of options that can keep you active from jogging to hula hooping to yoga. It can help you track your exercise progress and conduct health check-ins. There is an additional piece required, but it helps to ensure that the workout is as accurate as it can be. This is a great game because you can choose to be incredibly active or just work on putting yourself in motion. There is a step dancing game that just requires mental concentration and the ability to move as the directions require.



Dance Dance Revolution is also a great game for getting active. It is fun to play either by yourself or with friends. There are so many variations of the game that you are sure to find one that has your music taste. My personal favorite is the Disney addition from 2008. This is a great way to get your whole family unit involved in an activity.



A comp of my wii content page. The biggest issue I had with designing the page was figuring out what images to use because there were not a lot of good wii images.



A comp of my link out page. I ended up deciding it would be smarter to make the dimensions the same as the content page.

Learning Languages

It can be hard to motivate yourself to learn while having free time. There are a lot of tools that make learning another language a fun and enjoyable experience. Some cost money while other's are free. It might be a good idea to make use of some free trials to see which software works best for you and your learning habits.



Duolingo

This is an app that many young teens have at least heard of. It isn't as advanced as other online programs but it is a great starting point. It offers some vocabulary and game-like learning techniques. This program is free, and offers a cheap premium subscription.



Rosetta Stone

Rosetta Stone has a speech recognition tool that compares your speech and native speakers' with a word or longer sentences, so you can correct your pronunciation or accent from the beginning. It is not the end of the learning of any language, it is just a starting point. This learning tool costs around 12 dollars.



Pimsleur

Pimsleur has a lot of listening, repeating, and practicing conversations with pre recorded clips, which helps people learn in a conversational context. This is a paid program that costs around 20 dollars a month.

I actually feel like the webpage works pretty well. I think the blue bar at the top is somewhat useless though because I only added it to make sure the margins were consistent.

Photography

There is no better time to take self portraits than now. There are so many interesting ways to take creative photos at home. All you need is a camera and some creativity (though a tripod helps too). My favorite camera to use for portraits is the canon rebel, but an iPhone or any other camera does the job.

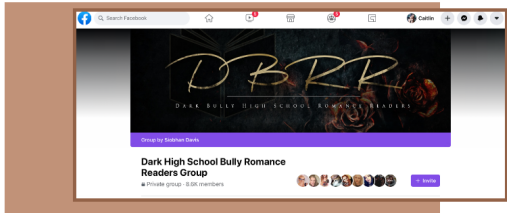


Mirror Photoshoot: A big Tik Tok trend this month was to take self portraits using a mirror. This is a great technique to get cute and artistic photos all on your own. They can be taken outside on nice days or inside if you have enough light

A comp of the photography content page. My original idea was to create an interactive page that showed the different photoshoot ideas when you click a navigation bar. However, after designing it didn't work with my margins and felt confusing.

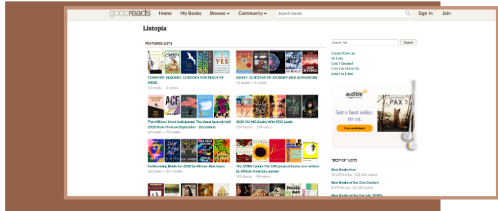
Find New Books

You’ve probably heard it all before, but reading is an especially great activity during this pandemic. New TV shows and movies are somewhat scarce due to filming being dependent on health status. Books in comparison will continue to be published. Is there a book you always wanted to read but never had time? Now is your chance. If you are a somewhat active reader the hardest step can be find- ing new books to interest you. Below are some ways to find books that will interest you.



Join Facebook reading groups:

If there is an author that you like, there is a good chance that they have a reading group on Facebook (either run by the author them- selves or other readers). Joining these are great because people constantly post book recommendations. There is a good chance that you can find other books that remind you of your favorites.



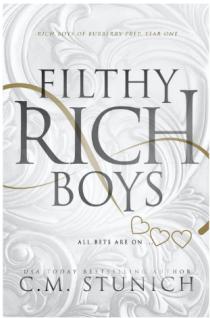
Use goodreads lists:

Many readers use goodreads as ways to list their favorite books. Going through long goodreads lists can show books of similar topics. For example there are lists of categories like: young adult, teen fiction, enemies to love, and more.

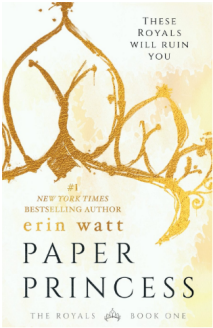
Book Recommendations:



The Selection Series
By Kiera Cass



Filthy Rich Boys Series
By C.M Stunich



Paper Princess Series
By Erin Watt

*If you are a big reader, I definitely recommend getting kindle unlimited. For 10 dollars a month you get access to millions of books. You can keep up to 10 KU titles in your library at once. It is a great investment if you are comfortable reading ebooks and want to save money.

The finding new books content page. This one just felt a little all over the place with design. I wasn’t sure what to add but the choices ended up being a little odd. Plus since I was designing around the images which made it more difficult.

Bullet Journaling



- Additional Supplies:
- Bullet Dotted Journal (need thick paper)
 - Washi Masking Tape



Bullet journal YouTube video by AmandaRachLee that can give inspiration about different month spreads and what pages you can add.



Bullet journal YouTube video by AmandaRachLee. Paying close attention to the supplies used can give you a sense of which you may want to invest in (and how they are used).

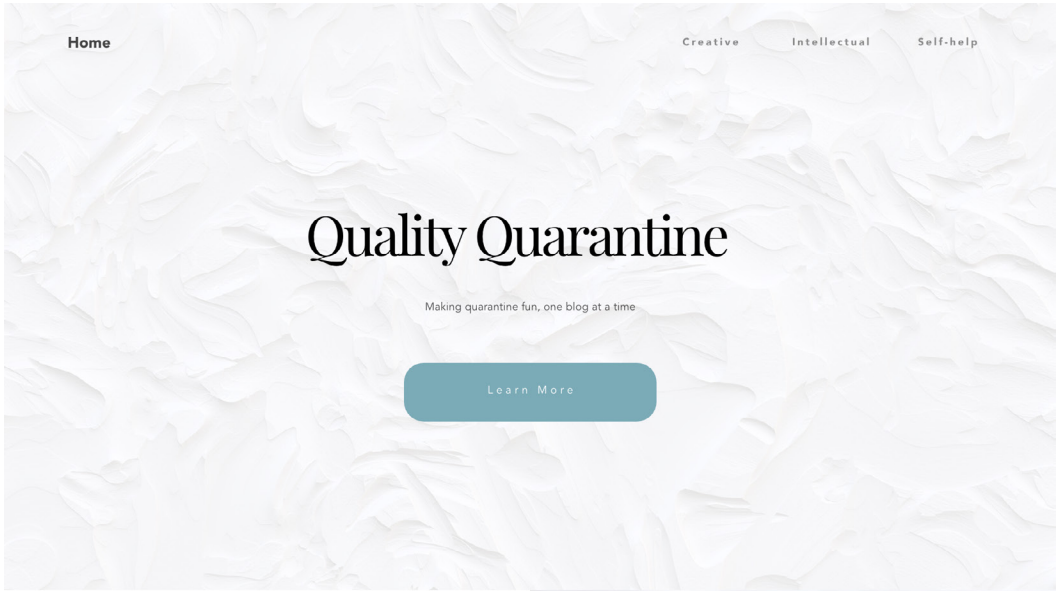
I actually don’t mind this page. The interactive element was an interesting choice and execution that actually worked with my margins. I ended up changing it around in my final comp so it was cohesive with the other pages.



Final Design

After our critiques I started rethinking my design. I did like my original idea however I was designing around the images which made my options more limited. Using feedback from one of my classmates, I looked at XD templates and got inspired about layout choices and font options. I then worked to remake my designs; this time focusing on what creative choices I wanted to make and finding images that fit those decisions.

Final Comps



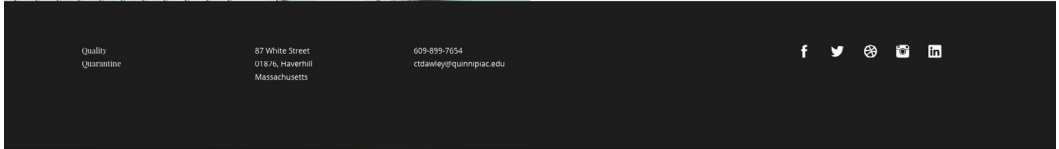
About Us

Quality Quarantine is a blog created by Caitlin Dawley with the hope of helping people find fun activities to do during quarantine. It uses lots of photos to help demonstrate what you can create. Caitlin Dawley is a 19 year old college student studying graphic design and advertising at Quinnipiac University. She had difficulty finding things to do when quarantine began which is why she started this blog. She wanted to document and share the ideas she found in case other individuals were struggling as well. The site consists of three main blog pages: creative, intellectual and self-help.

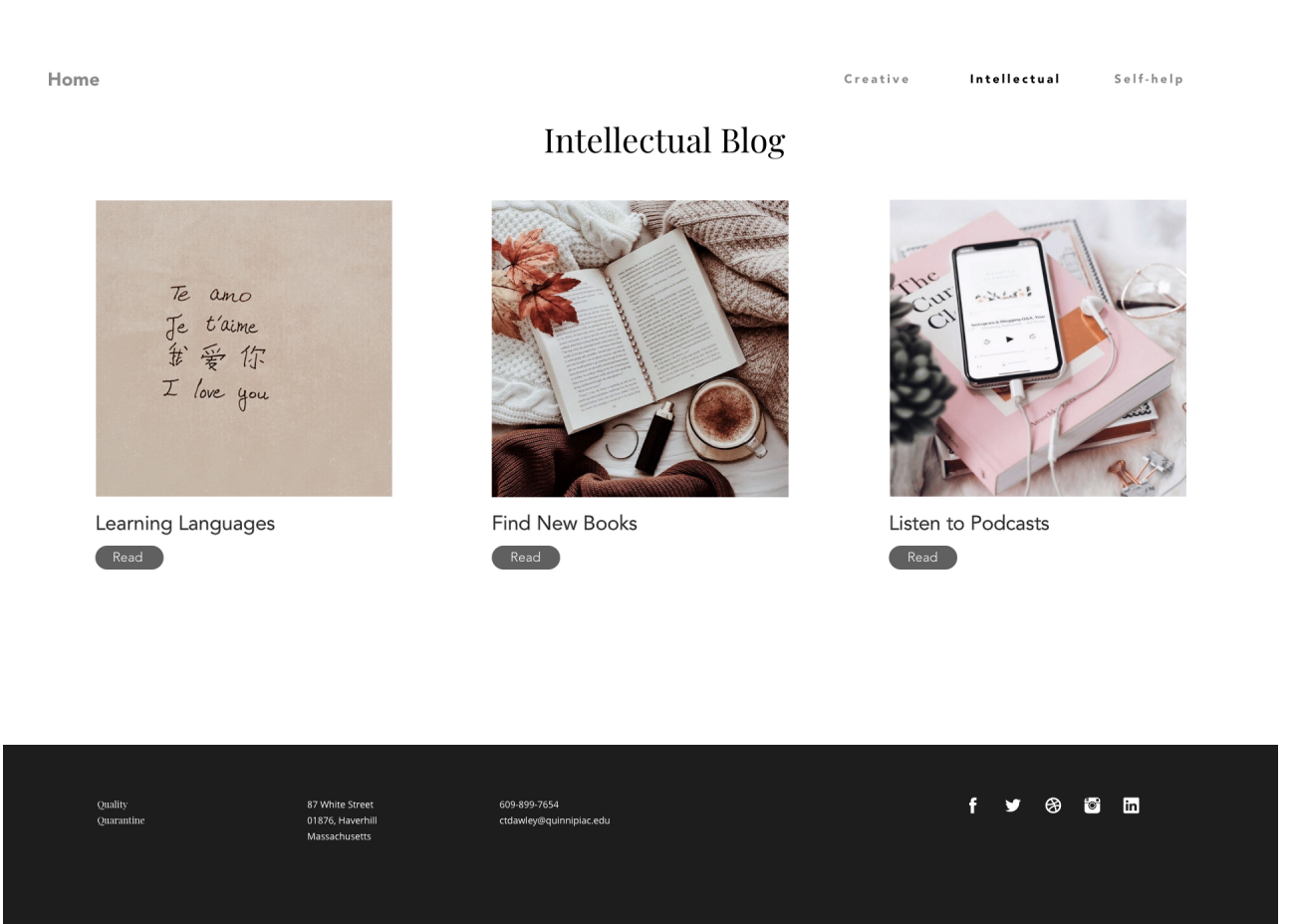
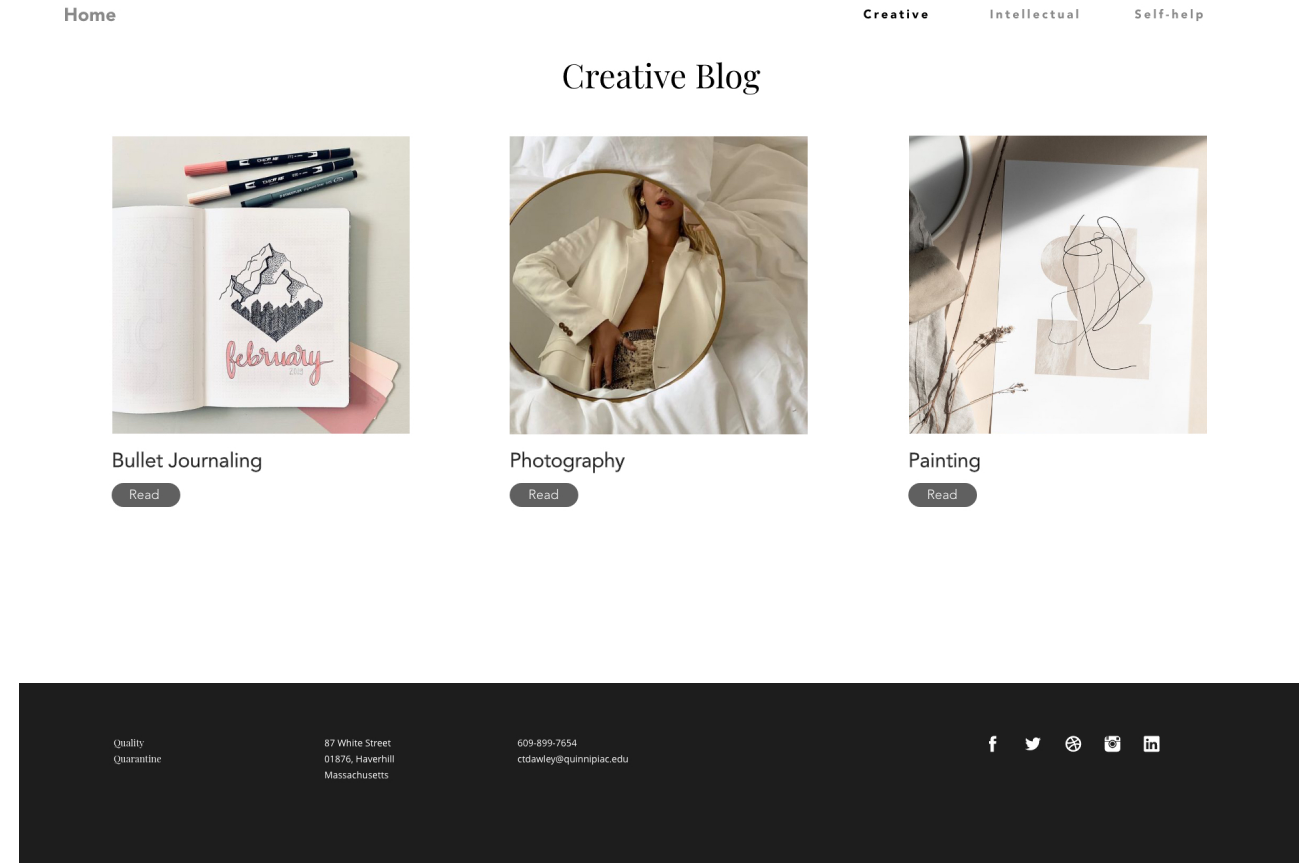


Stay in touch

Subscribe to get notified about updates and to learn about deals
If we already have your email address but you have opted out of receiving email from Quality Quarantine, please note that if you click submit, you are now opting in to receive Quality Quarantine email updates

I had originally struggled with creating a homepage. I decided to use an XD template as inspiration for the layout of the page. The layout gave me the idea of adding a bottom bar which really helps tie the whole site together.




I kept these scenes mostly together other than adding a bottom bar and changing the navigation. Plus I added a third blog post so the layout would make more sense.

[Home](#)

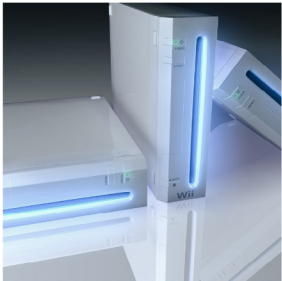
[Creative](#)[Intellectual](#)[Self-help](#)

Self-Help Blog



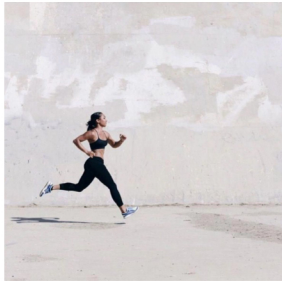
Yoga

Read



Wii Exercise

Read



Go Running

Read

Quality
Quarantine

87 White Street
01876, Haverhill
Massachusetts

609-899-7654
ctdawley@quinnpiac.edu


[f](#)[t](#)[g+](#)[i](#)[in](#)

[Home](#)

[Creative](#)[Intellectual](#)[Self-help](#)


Learning Languages

There are a lot of tools that make learning another language a fun and enjoyable experience.




Duolingo

This is an app that many young teens have at least heard of. It isn't as advanced as other online programs but it is a great starting point. It offers some vocabulary and game-like learning techniques. This program is free, and offers a cheap premium subscription.



Rosetta Stone

Rosetta Stone has a speech recognition tool that compares your speech and native speakers' with a word or longer sentences, so you can correct your pronunciation or accent from the beginning. It is not the end of the learning of any language, it is just a starting point. This learning tool costs around 12 dollars.



Pimsleur

Pimsleur has a lot of listening, repeating, and practicing conversations with pre recorded clips, which helps people learn in a conversational context. This is a paid program that costs around 20 dollars a month.

Quality
Quarantine

87 White Street
01876, Haverhill
Massachusetts

609-899-7654
ctdawley@quinnpiac.edu

[f](#)[t](#)[g+](#)[i](#)[in](#)

[Home](#)


[Creative](#)[Intellectual](#)[Self-help](#)

Find New Books


Nothing is better than spending the afternoon with a good book

You've probably heard it all before, but reading is an especially great activity during this pandemic. New TV shows and movies are somewhat scarce due to filming being dependent on health status. Books in comparison will continue to be published. Is there a book you always wanted to read but never had time? Now is your chance. If you are a somewhat active reader the hardest step can be finding new books to interest you. Below are some ways to find books that will interest you.

*If you are a big reader, I definitely recommend getting kindle unlimited. For 10 dollars a month you get access to millions of books. You can keep up to 10 KU titles in your library at once. It is a great investment if you are comfortable reading ebooks and want to save money.




Ways to Find New Books



Using Goodreads List

Many readers use Goodreads as ways to list their favorite books. Going through long Goodreads lists can show books of similar topics. For example there are lists of categories like: young adult, teen fiction, enemies to love, and more.



Join Facebook Reading Groups

If there is an author that you like, there is a good chance that they have a reading group on Facebook (either run by the author themselves or other readers). Joining these are great because people constantly post book recommendations. There is a good chance that you can find other books that remind you of your favorites.

Quality
Quarantine

87 White Street
01876, Haverhill
Massachusetts

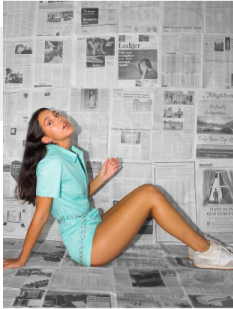
609-899-7654
ctdawley@quinnpiac.edu

[f](#)[t](#)[g+](#)[i](#)[in](#)

This was one of the first pages that I completely redesigned. This time instead of showing screenshots of the goodreads and facebook pages, I chose to feature the logos and a book image that way it could have a cohesive look.

Photography

There is no better time to take self portraits than now. There are so many interesting ways to take creative photos at home. All you need is a camera and some creativity (though a tripod helps too). My favorite camera to use for portraits is the canon rebel, but an iPhone or any other camera does the job.



Newspaper Photoshoot

If you have some old newspapers around the house, you have everything you need to make a set. Find an empty wall in your home, and cover the wall and floor with the newspaper.



Mirror Photoshoot

A big Tik Tok trend this month was to take self portraits using a mirror. This is a great technique to get cute and artistic photos all on your own. They can be taken outside on nice days or inside if you have enough light.

Projector Photoshoot

If you have a projector laying around, this is a great idea to have some interesting photographs. You just need to find interesting textured images and overlays and they will create a cool design when you stand in front of the projector. A little pro tip, make sure to angle the projector down so it isn't in your eyes because projectors are bright.



Bullet Journaling

A creative way to present your thoughts



A bullet journal is equal parts day planner, diary, and written meditation. It is easily adapted by every person that creates it. Personally, I've used it as both a yearly look-back and a monthly planner. I started the journal with pages that will contain a list of all the books, movies, and tv-shows I experienced this year. Then every month gets its own theme with a mood tracker and weekly planners. It's all about what you want to do with it and how artistic you want to get; pages can be simple or filled with extravagant colors and designs. It's a great way to explore your creativity and stay organized.

Supplies:

- Zebra Pen Mildliner Highlighters
- Sharpies
- Crayola Washable Markers
- Tombow Fudenosuke Brush Pens
- Washi Masking Tape
- Bullet Dotted Journal (need thick paper)

Video Examples:



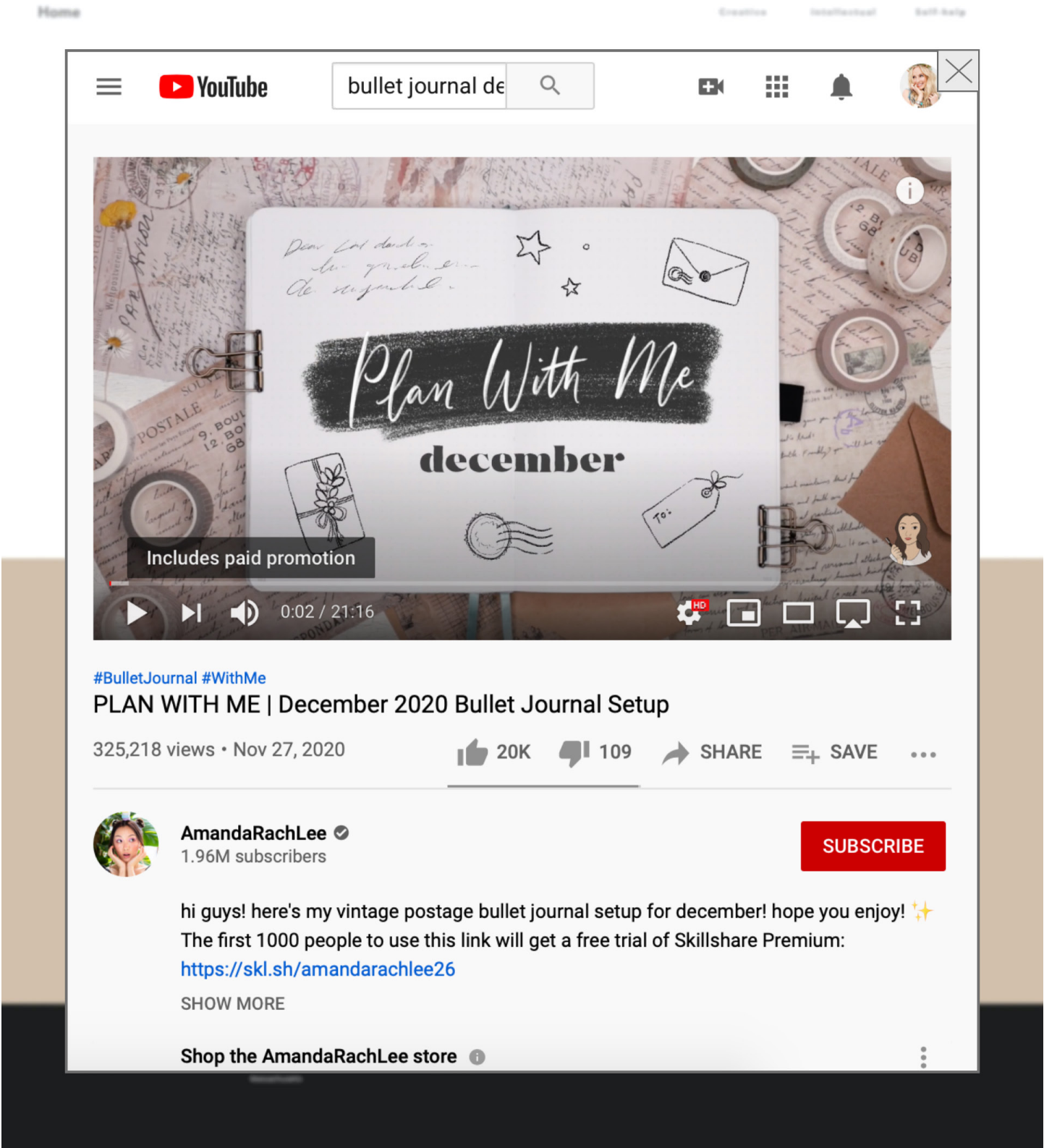
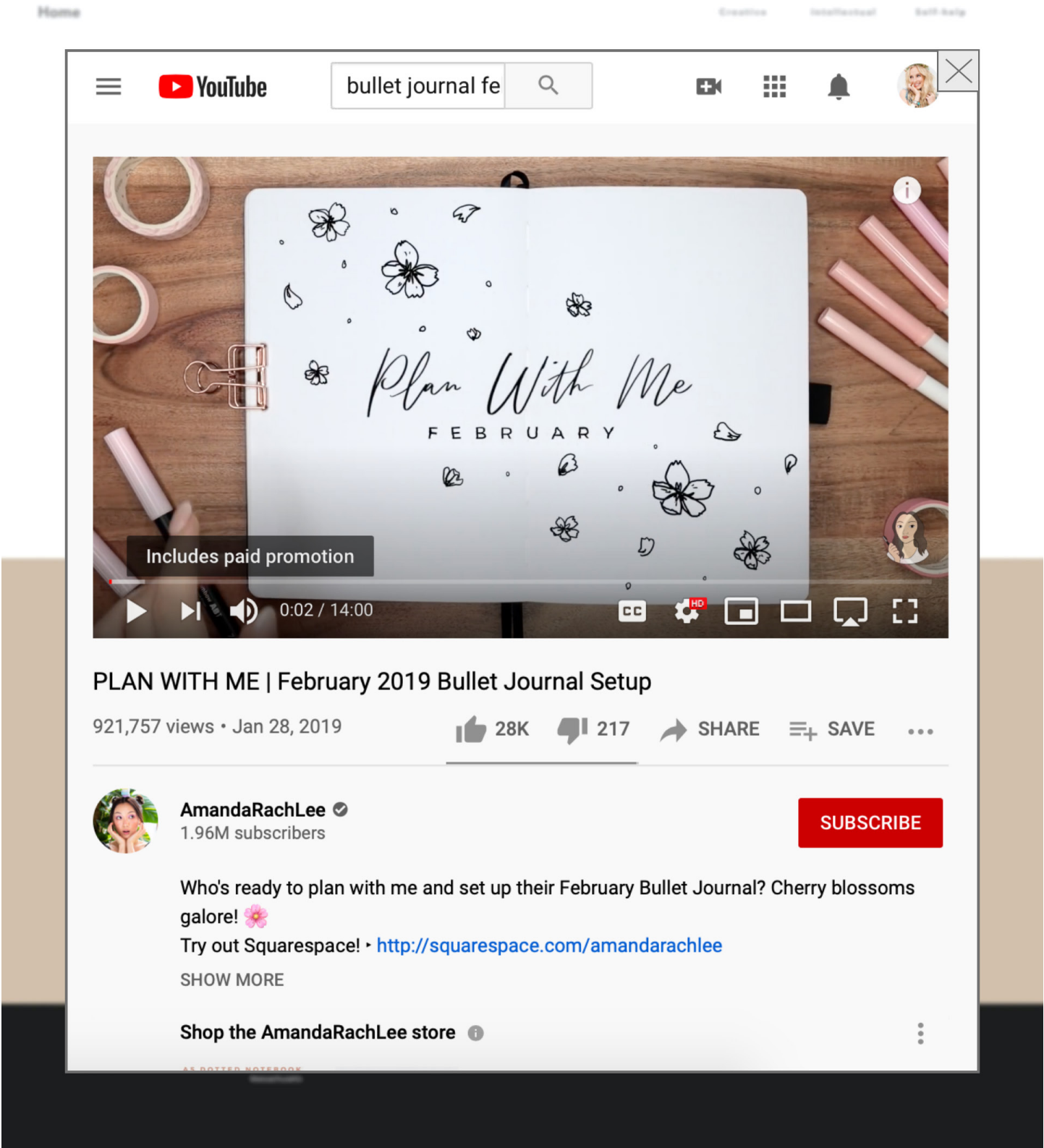
Bullet journal YouTube video by AmandaRachLee that can give inspiration about different month spreads and what pages you can add.



Bullet journal YouTube video by AmandaRachLee. Paying close attention to the supplies used can give you a sense of which you may want to invest in (and how they are used).

I redid this page and decided to play around with gray boxes to tie elements together and make a design that fit with the margins of the site.

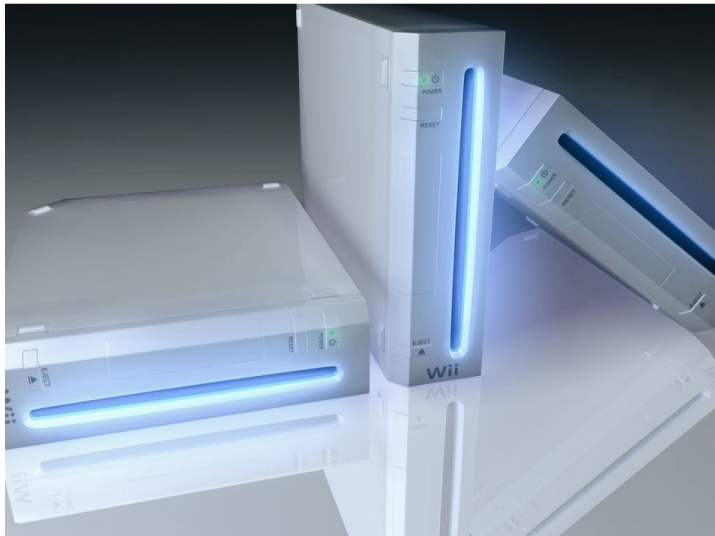
This layout was inspired by the book content page but I switched up a few of the elements so it still felt original.



These pages are layouts of link pages connected to the bullet journaling page. I used the layout of the page and blurred it so that it would look connected to the page.

Wii Exercise

Exercise isn't always a fun activity, but who doesn't love playing wii games. Of course, not every wii game is physical (as much as I love Mario Kart, it is not exactly physical exercise)



Wii Fit

Wii fit is a great game for exercise. There are plenty of options that can keep you active from jogging to hula hooping to yoga. It can help you track your exercise progress and conduct health check-ins. There is an additional piece required, but it helps to ensure that the workout is as accurate as it can be. This is a great game because you can choose to be incredibly active or just work on putting yourself in motion. There is a step dancing game that just requires mental concentration and the ability to move as the directions require.

Dance Dance Revolution

Dance Dance Revolution is also a great game for getting active. It is fun to play either by yourself or with friends. There are so many variations of the game that you are sure to find one that has your music taste. My personal favorite is the Disney addition from 2008. This is a great way to get your whole family unit involved in an activity.

I changed up my original concept for this page and decided to only use one image that fit the theme of the site.

Yoga

Find your perfect way to exercise from home



It can be hard to workout when you don't have access to a gym or expensive equipment. Yoga is a great way to exercise and stretch, and all you need is a yoga mat and a guide! This is especially important because it can help you relax and take-care of your body during this pandemic. Taking classes or working virtually is stressful, so it is important to find times to take care of yourself.

Apps To Use:

- Down Dog (\$8 per month)
- Peloton Digital (\$13 per month; free for 90 days)
- Glo (\$18 per month)



Video Tutorials to Follow



Edyn Loves Life
VIDEO



Yoga with Adriene
VIDEO



Madfit
VIDEO

This page was one of the hardest to redesign because I struggled to create the right layout. I tried to use feedback about adding hierarchy to the page.

